

## First Year IBS Irritable Bowel Syndrome An Essential Guide For The Newly Diagnosed By Heather; Posner, David B. [F Van Vorous

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### **Heather van vorous (author of eating for ibs) -**

Heather Van Vorous is the author of Eating for IBS (3.72 avg rating, published 2000) and The First Year (3.97 avg rating, 68 rat Heather Van Vorous s

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The First Year: IBS (Irritable Bowel Syndrome) An Essential Guide for the Newly Diagnosed. Heather Van Vorous, who has managed her IBS for more than fifteen years

**Irritable bowel syndrome - mayo clinic**

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